

THE PHYSIO CLINIC[®]

Movement Health Performance

| Return Phase | Restrictions in place Government Alert Level | The Physio Clinic service approach summary |
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| Phase One | Government Alert level 5 & 4 Lockdown – strict restrictions | <ul style="list-style-type: none"> • Remote Physio service only - Video or Phone assessments and advice. • Specific exceptions for emergency or urgent care for face to face appointments with full PPE. |
| Phase Two | Government Alert level 3 Relaxation of restrictions for healthcare professionals | <ul style="list-style-type: none"> • Initial video or phone Physio assessment or triage call • Criterion based assessment and decision making for face to face Physio appointments. NB Not all patients will be able to be seen Face to Face • Virtual first approach encouraged if appropriate in the first instance • Screening questionnaire and consent form prior to any face to face Physio appointment • PPE required for all consultations (NB Face coverings required for patients) |
| Phase Three | Government Alert level 2 Restrictions eased for most businesses with measures in place | <ul style="list-style-type: none"> • Online booking for initial face to face bookings permitted • Screening questionnaire and consent form prior to any face to face appointment • PPE for all consultations (NB Face coverings required for patients) |
| Phase Four | Government Alert level 1 or massage services permitted with resumption of normal activities. | <ul style="list-style-type: none"> • Recommence massage services • Online booking for massage appointments permitted • Pre screening information to all clients • Maintain and review PPE guidance |